



Player Information: League Rules

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Table of Contents

- | | |
|---------------------------------|---------------------------------|
| 1. Zero Tolerance Policy | 6. Facility |
| 2. GAS points | 7. The Game Monitor (GM) |
| 3. Defaults | 8. Schedules |
| 4. Waivers | 9. Rosters & Subs |
| 5. Weather Policy | 10. Standings |

Gamesmanship and Sportsmanship

Synergy Sports Club has a fun first, win second philosophy that applies to all of our leagues and tournaments. Any player playing in a SSC league or tournament is expected to abide by the SSC's sportsmanship and gamesmanship policies. Failure to do so may result in player suspension and/or player or team expulsion.

Zero Tolerance Policy

In order to create an environment in which ALL players can have fun and safe place to play SSC has implemented a zero tolerance policy on all of our leagues and tournaments. It is the player's responsibility to read and understand those policies and expectations before playing in a SSC league or tournament. Game Monitors have been instructed to ask players to leave the field/court if they are involved in any of the following acts:

- ☐ Making comments to instigate an altercation with another player or the GM
- ☐ Swearing directly at another player or the GM
- ☐ Intentionally pushing, striking, or making physical contact with another player or GM
- ☐ Making rude or profane gestures to any other player or the GM

If a Game Monitor finds a player doing any of these things, the offending player will be ejected from the game and will have an automatic one game suspension. The case will then be reviewed by SSC head office to determine if any further action needs to be taken.

In order to encourage a fun first atmosphere Synergy Sports Club scores teams not only for a win or loss but also on Gamesmanship and Sportsmanship Points or GAS points. A team can receive anywhere from +2 to -2 GAS points in a game.

Each team will be given 2 GAS pt ratings per game. One will be given by the other team and one will be given by the GM. The following chart shows a description of the criteria a team is to use when scoring an opponent.

Rating	Definition
+1	The team made a genuine attempt to call their own infractions. They had a fun first attitude and we would enjoy playing them again.
0	The team was OK. They called some of their infractions but often neglected to call them. We had an alright time playing them but they could improve on their sportsmanship and/or accountability.
-1	The team called little to none of their infractions and was often too aggressive or intense. They showed poor sportsmanship and we would not want to play them again.

- It is your team's responsibility to have someone report the opponents GAS pt rating to the GM. If a team fails to report their GAS pt rating to the GM their team will be given a GAS pt rating of 0 for that game.
- The GM uses similar criteria to score a team's GAS pt rating. The GM score and the score given by the other team will be a team's overall GAS pt rating for that game.
- If a team decides to give another team a GAS pt rating of -1 a grievance must be filed with the league explaining why you chose to give the team a -1. A detailed email explaining the reasoning for the -1 must be sent to andrew@synergysportsclub.com by 5pm the following day.
- If no email is received explaining why the team chose to give a -1, the teams score will be changed to a 0.

Defaults

- All teams are expected to be at the facility 10 minutes prior to their scheduled game time
- If at the scheduled game time a team does not have the minimum player requirements then that team will default.
- If a team defaults the fee is \$50
- The \$50 fee must be paid before the next game or the team will default the next game as well.
- A default is recorded as a 10-0 loss for the team who defaulted

- If a team defaults twice in one season their status in the league will be under review
- If a team defaults 3 times in a season they are expelled from the league for that season and no refund will be given.

Waivers

- Every player must sign a waiver form. Waiver forms can be printed from our website and given to the GM at your first game. Otherwise the GM will have extra forms available for players.
- Any player who plays in a SSC league or tournament must sign a waiver, even if they are only a sub for one game.

Weather Policy

Synergy Sports Club does not cancel indoor games due to weather. The only reason that a game will be cancelled is if the facility in which the game is to be held is closed. If this does happen the games will be rescheduled and the teams will be contacted the day of the cancellation.

Facilities

- Synergy Sports Club rents facilities from various school boards and private establishments. As tenants, all SSC players must respect the rules of each facility.
- Alcohol is prohibited in all schools and school parking lots.
- Players are expected to clean up after themselves and are not to leave any garbage behind.
- Players must wear non marking running shoes while participating in any indoor sport.
- Players are financially responsible for any property damage caused. Please be respectful of the facility.

The Game Monitor (GM)

Game monitors are employees of Synergy Sports Club and are not trained officials. They are there to encourage fair play, sportsmanship, and to do everything in their power to ensure everyone involved in the game is having a god time. If for whatever reason the GM feels that they need to step in and call a foul/infraction that a player missed, they have every right to do so. The following is a list of things that the GM is there to DO:

- Open the facility, communicate with the caretaker of the facility, and to uphold any and all facility standards.
- Bring and set up all equipment needed for whatever game is being played that night.
- Keep track of time for all timed games
- Keep score of the game on a scoreboard, or score sheet if no scoreboard is available.
- Will call the captains together before a game for introductions, and to bring to the players attention any facility specific regulations, and/or league updates.
- Will also meet with captains at half time to resolve any issues that may have come up in the first half. The GM will also provide feedback to the teams on things that may make the game run smoother.
- Responsible for communicating any issues, concerns, and/or comments to SSC staff so that we can constantly improve our leagues.
- The GM is responsible for calling any penalties that he/she deems necessary. The GM is required to enforce Synergy's zero tolerance policy for poor sportsmanship. To view all penalties and rules for a sport go to the sport specific page and click on rules.
- If there is a disagreement between teams a GM may step in to make the call, however teams are encouraged to call their own fouls or infractions and only in rare situations should a GM be needed.
- The GM is responsible for reporting the score of the game, including the GAS pt rating to the Synergy office so that the standings can be updated and scores can be posted as soon as possible.
- The GM must give each team a GAS pt rating at the end of each game. This will be combined with the opponents GAS pt rating to give a team an overall GAS pt score.

The following is a list of things the GM DOES NOT DO:

- The GM is not a trained referee and so therefore they are not there to officiate games.
- If there is a dispute over a call it is expected that the 2 teams will come to a quick conclusion. If however this does not happen the GM will give a ruling. The GM's ruling is final and cannot be argued. Arguing the GM's decision further may cause a team to lose GAS points.

Schedules

- All schedules will be posted online no more than 72 hours before the start of the first game
- All schedules are final so please do not contact Synergy Sports Club in regards to a change of time or date.

Rosters & Subs

- When registering a team please be sure to stay within the limits of the minimum and maximum allowed players
- Subs are allowed as long as it does not put the team over the limit for the league (ex: I have 10 players registered on my team and the limit for my sport is 12. If I bring a sub that puts me at 11, if I bring a different sub the next week I am at 12. This would be the maximum allowed players on this roster. At this point no new subs can play for my team)
- Teams are allowed to bring subs on any given night as long as the sub has signed a waiver and the team does not exceed its maximum roster capacity.
- Subs will not be allowed to play in playoff games unless they have played in at least one regular season game with that team.

Standings

- All scores will be reported by the GM to the league office by no later than 5pm the day following a game.
- The results will be posted online within 72 hours of the game's completion.
- Standings are based on an accumulation of points for wins, ties, and GAS points.
- Each team will receive 2 points for a win and 1 point for a tie.
- Tiebreakers will be determined by point differential (points for – points against)
- If teams are still tied after point differential the team with the greater amount of points for will win.
- Playoffs will vary between leagues however the standard format will be the top 4 teams make the playoffs.
- League champs will be given championship t-shirts (and of course the bragging rights)